

# 2023 Wipeout Wounds National Conference Tour

### **Intended Audience**

This course is intended for multiple professions including nurses, dietitians, physical therapists, and other healthcare professionals interested in wound care.

## **Credits**

Nurses:	5 contact hours
Physical Therapists:	5 contact hours
Dietitians:	5 contact hours

## Disclosure

None of the planners/faculty, unless otherwise noted, for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

# Schedule

TIME	CONTACT HOURS	SESSION
7:30 AM - 8:00 AM		Registration/Check-in
8:00 AM - 8:15 AM		Introductions
8:15 AM - 9:15 AM	1.0	Cracking Rumpelstiltskin's Riddle: What is My Name, Irritant Contact Dermatitis or Pressure Injury/Ulcer?
9:15 AM - 10:15 AM		Vendor Showcase*
10:15 AM - 11:15 AM	1.0	Exudate and Periwound Management for Goldilocks' Wound: It's Just Right!
11:15 AM - 12:15 PM		LUNCH & EXHIBITS
12:30 PM — 1:30 PM	1.0	Healing the Wicked Stepsisters' Feet: iNPWT, Single Use NPWT, tNPWT, and NPWT with Instillation and Dwell
1:30 PM – 2:30 PM		Vendor Showcase*
2:30 PM - 4:30 PM	2.0	Hands on Case Study

\*Session is either held in exhibit hall or designated room with no accredited continuing education

## **Overall Tour Objectives**

- Differentiate between partial thickness and full thickness wounds.
- Define two characteristics specific to Irritant Contact Dermatitis and two characteristics specific to PI/PU and stage select PI/PU.
- Select one intervention appropriate to the wound presentation to manage exudate & protect periwound.
- Identify each form of NPWT and indications/contraindications for each form.
- Identify one barrier or contributor to wound healing based on patient's underlying condition or social situation (social determinants of health care).

## **Session Description and Learning Outcomes**

SESSION	DESCRIPTION	LEARNING OUTCOMES
Cracking Rumpelstiltskin's Riddle: What is My Name, Irritant Contact Dermatitis or Pressure Injury/Ulcer?	The purpose of this presentation will be to educate providers about the link between Irritant Contact Dermatitis and PI/PU risk and identification, to promote their skill with PI/PU staging, and with selection of interventions for both Irritant Contact Dermatitis and PIs.	<ul> <li>Differentiate between partial thickness and full thickness wounds.</li> <li>Discriminate between the pathophysiology of Irritant Contact Dermatitis and the pathophysiology of PI/PU.</li> <li>Contrast Irritant Contact Dermatitis and PI/PUs from select cases presented.</li> <li>Stage select PI/PUs presented.</li> <li>Select treatment for Irritant Contact Dermatitis or PI/PUs for select cases presented.</li> </ul>
Exudate and Periwound Management for Goldilocks' Wound: It's Just Right!	Exudative wounds are problematic for clinicians and patients. Wound exudate has the potential to prevent wound healing and to harm the periwound skin, which could add costs to each episode of wound care. Poorly managed draining wounds can contribute to a decreased quality of life for the patient, leading to isolation. This session will explore the components of wound exudate and address the methods to manage exudate and protect periwound skin to promote positive outcomes.	<ul> <li>Paraphrase the effects of wound exudate on the wound and on the patient with a wound.</li> <li>Identify types of wound exudate.</li> <li>Provide examples of a variety of exudate management techniques.</li> </ul>
Healing the Wicked Stepsisters' Feet: iNPWT, single use NPWT, tNPWT, and NWPT with Instillation and Dwell	The purpose of this presentation will be to educate providers about the appropriate use of iNPWT, single use NPWT, tNPWT, and NPWT with Instillation and Dwell.	<ul> <li>Identify two indications for each type of NPWT.</li> <li>Identify two contraindications for each type of NPW.</li> <li>Summarize at least two techniques to promote wound healing with the use of NPWT.</li> </ul>
Hands on Case Study	The final session of the day will be a hands-on case study where learners will collaborate with other attendees to assess a select wound from a complex patient case study. Learners will identify the type of wound, determine the underlying cause(s), and select appropriate intervention(s). Feedback will be provided from the instructor during this interactive session as the discussion between learner and expert will get hard to heal wounds off the participant's list and begin the journey to happily ever after.	<ul> <li>Perform a Braden Scale Pressure Injury Risk Assessment based on the case study scenario presented.</li> <li>Select pressure injury interventions based on the case study scenario presented.</li> <li>Identify the wound classification based on the wound case study scenario presented.</li> <li>Perform a wound assessment and determine underlying cause(s) of the wound based on the case study scenario presented.</li> <li>Select intervention(s) for the wound based on the case study scenario presented.</li> </ul>

### **Accreditation Information**



Commission on Dietetic Registration In support of improving patient care, Relias LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Relias LLC is approved by the California Board of Registered Nursing, Provider #CEP13791 for 5.0 contact hours.

As a Jointly Accredited organization, Relias LLC is accredited to offer dietetic continuing education by the Commission on Dietetic Registration (CDR). The CDR is an associate member of Joint Accreditation for Interprofessional Continuing Education.

Dietetics-related continuing education from Relias LLC, regardless of target profession, is acceptable, if the learning relates to the Competencies/Performance Indicators (PIs) on the learner's Step 1 Learning Plan.

Relias LLC is a licensed physical therapy continuing Education sponsor (#216.000290) by the Illinois Department of Financial and Professional Regulation. Certificates must be retained by the licensee for a period of 5 years after course completion. Please check with your state for prior approval.